

Lesson Planner



In/Out, Inside/Outside

Starting the Day

- Develops a feeling of being valued as an important individual who belongs within the group setting (B.2.h)
- Shows ability to cope with stress (B.3.a.)
- Develops capacity to predict routines and regular events that make up the day or the session (B.3.b.)

Language Development

- Develops increasing knowledge in syntax, meaning, and vocabulary (C.1.f.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)
- Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite (C.3.d.)

- Sing a Song of Opposites
- The Enormous Turnip
- Just Jasper and Me

Cognitive Development

- Uses senses to investigate environment (D.1.b.)
- Shows interest in colors, shapes, patterns, and pictures (D.1.c.)
- Applies knowledge to new situations (D.2.c.)

- Photo Activity Card (27)
- What's in the Box?
- Nesting Boxes
- Scarf Pull
- Sweet Mother
- Feely Box

Social Emotional Development

- Expresses needs and wants through facial expressions, sounds, or gestures (B.2.a.)
- Engages in positive relationships and interactions with adults (B.1.d.)
- Responds to nonverbal and verbal communication of others (C.1.b.)

- Outside Weather
- Dress Talk
- Reading Tent
- Jack-in-the-Box
- I Can Make You Laugh
- Inside Outside

Physical Development

- Develops increasing ability to change positions and move body from place to place (A.2.b.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)
- Responds to nonverbal and verbal communication of others (C.1.b.)

- Willy Wiggle and Wally Waggle
- Reverse Beanbag Toss
- Pom-pom Drop
- Five in the Bed
- Birdie
- Pom-pom Toss

Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)

- Hokey Pokey
- Freeze Variation
- Run, Rabbit, Run

Learning Centers

- Construction
 - Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Creativity Station
 - Develops small muscle control and coordination (A.3.b.)
- Pretend and Learn
 - Uses imitation in pretend play to express creativity and imagination (D.4.b.)
- Sensory Table
 - Develops small muscle control and coordination (A.3.b.)

Lesson Planner

Up/Down, Under/Over

Theme 4
Opposites
Week 2

Starting the Day

- Develops responsive and reciprocal communication skills, such as turn-taking (B.4.e.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Establishes secure relationships with primary caregivers (B.1.a.)

Language Development

- Demonstrates receptive language skills (C.1.d.)
- Develops language skills in structured language contexts, such as through books, finger plays, singing, storytelling, and re-enacting (C.2.d.)
- Shows interest in songs, rhymes, and stories (C.3.a.)

- Sing a Song of Opposites
- Going on a Bear Hunt
- Itsy Bitsy Spider

Cognitive Development

- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)
- Makes things happen and watches for results and repeats actions (D.1.d.)

- Photo Activity Card (28)
- Animal Sort
- Do Your Ears Hang Low?
- Undercover
- Floaters and Droppers

Social Emotional Development

- Develops a knowledge of the natural environment in an outdoor area (D.1.g.)
- Develops an increasing awareness of the impact and consequences of their actions (B.3.c.)
- Responds to and interacts with others (B.4.b.)

- 'Round the House
- Cloud Watching
- Are You Listening?
- Itsy Bitsy Spider
- Looking Up

Physical Development

- Develops increasing ability to change positions and move body from place to place (A.2.b.)
- Coordinates eye and hand movements (A.3.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)

- Jack be Nimble
- My Little Red Wagon
- Stringing Up
- Five Little Ducks
- Rolling Under

Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)

- Bubble Blowing
- Obstacle Course
- Red Rover Variation

Learning Centers

- Construction
 - Makes things happen and watches for results and repeats actions (D.1.b.)
- Creativity Station
 - Develops skill and confidence with processes of art, such as drawing (D.5.a.)
- Sensory Table
 - Develops an attitude of themselves as "explorers"—competent, confident learners who ask questions and make discoveries (E.1.a.)
- Gross Motor
 - Moves body to achieve a goal (A.2.c.)

Lesson Planner

Theme 4
Opposites
Week 3

On/Off, Open/Closed

Starting the Day

- Develops an increasing sense of competence and confidence in growing abilities (B.2.e.)
- Shows ability to cope with stress (B.3.a.)
- Develops confidence and ability to express emotional needs without fear (B.1.f.)

Language Development

- Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite (C.3.d.)
- Engages with stories and books (C.3.c.)

- | | |
|---|--|
| <input type="checkbox"/> Sing a Song of Opposites | <input type="checkbox"/> Just Jasper and Me |
| <input type="checkbox"/> Humpty Dumpty's New Ears | <input type="checkbox"/> The Three Billy Goats Gruff |

Cognitive Development

- Pays attention and exhibits curiosity in people and objects (D.1.a.)
- Applies knowledge to new situations (D.2.c.)
- Uses simple problem solving and trial-and-error (D.2.e.)

- | | |
|---|---|
| <input type="checkbox"/> Photo Activity Card (29) | <input type="checkbox"/> Spotlight |
| <input type="checkbox"/> Feather Off | <input type="checkbox"/> Challenging Towers |
| <input type="checkbox"/> Open or Closed? | <input type="checkbox"/> Scavenger Hunt |

Social Emotional Development

- Engages in positive relationships and interactions with adults (B.1.d.)
- Demonstrates receptive language skills (C.1.d.)
- Pays attention and exhibits curiosity in people and objects (D.1.a.)

- | | |
|---|---|
| <input type="checkbox"/> This Little Piggy | <input type="checkbox"/> Which Hand? |
| <input type="checkbox"/> Water On and Off | <input type="checkbox"/> Tummy Ticklers |
| <input type="checkbox"/> Eyes Open and Closed | |

Physical Development

- Develops control of small muscles for manipulation and exploration (A.3.b.)
- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops confidence with moving in space and playing near and with others (A.2.e.)

- | | |
|--|---|
| <input type="checkbox"/> Walk On | <input type="checkbox"/> Take It Off |
| <input type="checkbox"/> Two Little Houses | <input type="checkbox"/> On the Mark |
| <input type="checkbox"/> Five Little Monkeys | <input type="checkbox"/> Five Little Speckled Frogs |

Outdoor Play

- Develops increasing ability to change positions and move body from place to place (A.2.b.)

- Sidewalk Art
- Olli, Olli, Home Free

Learning Centers

- | | |
|--|--|
| <input type="checkbox"/> Fine Motor <ul style="list-style-type: none">• Uses tools and different actions on objects (A.3.d.) | <input type="checkbox"/> Pretend and Learn <ul style="list-style-type: none">• Uses imitation in pretend play to express creativity and imagination (D.4.b.) |
| <input type="checkbox"/> Sensory Table <ul style="list-style-type: none">• Coordinates eye and hand movements (A.3.c.) | <input type="checkbox"/> Creativity Station <ul style="list-style-type: none">• Develops skill and confidence with processes of art, such as drawing, collage, painting, and constructing (D.5.a.) |

Lesson Planner

Theme 4
Opposites
Week 4

Big/Little, Hard/Soft

Starting the Day

- Develops confidence and ability to express emotional needs without fear (B.1.f.)
- Develops increasing ability to identify own emotional responses and those of others (B.2.g.)
- Responds to and interacts with others (B.4.b.)

Language Development

- Develops and demonstrates the ability to remember and connect new and known experiences and information (D.3.d.)
- Develops an understanding that symbols/pictures can be “read” by others (C.3.g.)

- | | |
|---|--|
| <input type="checkbox"/> Sing a Song of Opposites | <input type="checkbox"/> The Three Billy Goats Gruff |
| <input type="checkbox"/> The Enormous Turnip | |

Cognitive Development

- Makes things happen and watches for results and repeats actions (D.1.d.)
- Develops an attitude of themselves as “explorers”—competent, confident learners who ask questions and make discoveries (D.1.e.)

- | | |
|---|---|
| <input type="checkbox"/> Photo Activity Card (30) | <input type="checkbox"/> Hard and Soft Drop |
| <input type="checkbox"/> Little and Big | <input type="checkbox"/> Feely Box |
| <input type="checkbox"/> Little Ball | |

Social Emotional Development

- Engages in positive relationships and interactions with adults (B.1.d.)
- Develops an increasing capacity to pay attention, focus, concentrate, and be involved (B.2.f.)

- | | |
|--|---|
| <input type="checkbox"/> What Size Am I? | <input type="checkbox"/> My Big Balloon |
| <input type="checkbox"/> Hard and Soft Snacks | <input type="checkbox"/> Soft Place |
| <input type="checkbox"/> Big and Little Snacks | <input type="checkbox"/> Hard and Soft Body Parts |

Physical Development

- Develops an increasing ability to keep a steady beat through chants, dances, and movement to rhythmic patterns (A.2.f.)
- Develops responsive and reciprocal communication skills, such as turn-taking (B.4.e.)

- | | |
|--|--|
| <input type="checkbox"/> Ball Play | <input type="checkbox"/> Big and Small |
| <input type="checkbox"/> Hard and Soft Balls | <input type="checkbox"/> Little Ants |
| | <input type="checkbox"/> One Elephant |

Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)

- Big and Little Steps
- Big and Little Balls
- Hard Rock, Soft Sand

Learning Centers

- | | |
|---|---|
| <input type="checkbox"/> Construction <ul style="list-style-type: none">• Learns and begins to use math concepts during daily experiences (D.2.g.) | <input type="checkbox"/> Pretend and Learn <ul style="list-style-type: none">• Shows ability to acquire and process new information (D.3.c.) |
| <input type="checkbox"/> Creativity Station <ul style="list-style-type: none">• Develops an ability to be creative and expressive through a variety of activities, such as art (D.5.b.) | <input type="checkbox"/> Sensory Table <ul style="list-style-type: none">• Uses senses to explore people, objects, and the environment (D.1.b.) |