

# Lesson Planner

Theme 3

Friends

Week 1

## Everyday Friends

### Starting the Day

- Develops an increasing capacity to pay attention, focus, concentrate, and be involved (B.2.f.)
- Shows ability to cope with stress (B.3.a.)
- Responds to and interacts with others (B.4.b.)

### Language Development

- Listens with interest to language of others (C.1.a.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)
- Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite (C.3.d.)

- |   |  |
|---|--|
| <input type="checkbox"/> Little Red Hen | <input type="checkbox"/> The Enormous Turnip |
| <input type="checkbox"/> I Like School  |  |

### Cognitive Development

- Pays attention and exhibits curiosity in people and objects (D.1.a.)
- Develops the confidence to explore and make sense of the world through simple problem solving and trial-and-error (D.2.e.)
- Responds to and interacts with others (B.4.b.)

- |   |  |
|---|--|
| <input type="checkbox"/> Photo Activity Card (17) | <input type="checkbox"/> Class Friends Book      |
| <input type="checkbox"/> Group Picture            | <input type="checkbox"/> Playmates               |
| <input type="checkbox"/> Friendship Puzzles       | <input type="checkbox"/> Friend, Playmate, Buddy |

### Social Emotional Development

- Shows interest and awareness of others (B.4.a.)
- Begins to develop personal relationships with peers (B.4.d.)
- Develops emerging skills in caring and cooperation (B.4.f.)

- |   |   |
|---|---|
| <input type="checkbox"/> Share a Snack            | <input type="checkbox"/> Greeting Friends |
| <input type="checkbox"/> Get-Well Cards           | <input type="checkbox"/> Make New Friends |
| <input type="checkbox"/> Adults Have Friends, Too | <input type="checkbox"/> Friendly Faces   |

### Physical Development

- Develops emerging skills in caring and cooperation (B.4.f.)
- Shows imagination, creativity, and uses a variety of strategies to solve problems (D.2.b.)
- Moves body to achieve a goal (A.2.c.)

- |  |  |
|--|--|
| <input type="checkbox"/> Ball Exchange             | <input type="checkbox"/> Cooperative Musical Circles |
| <input type="checkbox"/> Building Bridges          | <input type="checkbox"/> Let's Cover It Up           |
| <input type="checkbox"/> Cooperative Hide-and-Seek |  |

### Outdoor Play

- Develops increasing ability to change positions and move body from place to place (A.2.b.)

- Bubbles for Two
- Tug of Peace
- Pair Race

### Learning Centers

- |   |   |
|---|---|
| <input type="checkbox"/> Construction <ul style="list-style-type: none"><li>• Develops responsive and reciprocal communication skills, such as turn-taking (B.4.e.)</li></ul> | <input type="checkbox"/> Fine Motor <ul style="list-style-type: none"><li>• Develops control of small muscles for manipulation and exploration (A.3.b.)</li></ul> |
| <input type="checkbox"/> Creativity Station <ul style="list-style-type: none"><li>• Coordinates eye and hand movements (A.3.c.)</li></ul>                                     | <input type="checkbox"/> Gross Motor <ul style="list-style-type: none"><li>• Moves body to achieve a goal (A.2.c.)</li></ul>                                      |

# Lesson Planner

## Friends Who Keep Us Healthy

Theme 3

Friends

Week 2

### Starting the Day

- Establishes secure relationships with primary caregivers (B.1.a.)
- Begins to develop personal relationships with peers (B.4.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)

### Language Development

- Shows awareness of relationships to family/community/cultural group (B.2.d.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops increasing knowledge in syntax, meaning, and vocabulary (C.1.f.)

- Community Friends
- Stomach Ache
- Tillie the Triangle

### Cognitive Development

- Shows confidence in increasing abilities (B.2.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops the confidence to explore and make sense of the world through simple problem solving and trial-and-error (D.2.e.)

- Photo Activity Cards (18-21)
- Worker Puzzles
- Tool Match
- 9-1-1
- Healthy Habits

### Social Emotional Development

- Recognizes and responds to the feelings and emotions of others and begins to show concern (B.4.c.)
- Develops an increasing capacity to pay attention, focus, concentrate, and be involved (B.2.f.)

- Heal the Hurt
- Miss Polly
- An Apple a Day
- Heartbeats
- This Little Nurse
- Get-Well Cards

### Physical Development

- Develops increasing ability to change positions and move body from place to place (A.2.b.)
- Coordinates eye and hand movements (A.3.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)

- Jumping Monkeys
- Doctor, May I?
- Exercise
- Cotton Ball Pick Up

### Outdoor Play

- Develops confidence with moving in space, moving to rhythm, and playing near and with others (A.2.e.)

- The Farmer in the Dell
- Heartbeat

### Learning Centers

- Science
  - Begins to demonstrate healthy and safe habits (A.1.h.)

- Creativity Station
  - Experiments with different uses for objects (D.2.a.)

- Pretend and Learn
  - Uses imitation in pretend play to express creativity and imagination (D.4.b.)

- Library and Listening
  - Begins to learn and demonstrate how print works (C.3.i.)

# Lesson Planner

Theme 3

Friends

Week 3

## Friends Who Keep Us Safe

### Starting the Day

- Develops an increasing capacity to pay attention, focus, concentrate, and be involved (B.2.f.)
- Begins to develop and demonstrate control over some of their feelings and behaviors (self-regulation) (B.3.d.)
- Develops emerging skills in caring and cooperation (B.4.f.)

### Language Development

- Develops an understanding that symbols/pictures can be "read" by others (C.3.g.)
- Develops language skills in structured language contexts, such as through books, finger plays, singing, storytelling, and reenacting (C.2.d.)

- Community Friends
- The Brave Firefighter
- Dress the Firefighter

### Cognitive Development

- Shows confidence in increasing abilities (B.2.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops the confidence to explore and make sense of the world through simple problem solving and trial-and-error (D.2.e.)

- Photo Activity Cards (22-23)
- Worker Puzzles
- Please, Mr. Police Officer
- Who Am I?
- Tool Match

### Social Emotional Development

- Develops a playful interest in repetitive sounds and words (rhythm, rhyme, alliteration) (C.3.b.)
- Establishes secure relationships with primary caregivers (B.1.a.)
- Shows awareness of relationships to family/community/cultural group (B.2.d.)

- This Little Officer
- Who Took the Cookies?
- Stop, Drop and Roll
- Help! Help! Cried Mr. Phelp
- Thank-you Cookies

### Physical Development

- Develops confidence with moving in space, moving to rhythm, and playing near and with others (A.2.e.)
- Imitates sounds, gestures, signs, or words (C.2.b.)

- Firefighter, Firefighter
- Stay Low and Crawl
- Helpful Friends
- When I Was Walking Down the Street

### Outdoor Play

- Develops confidence with moving in space, moving to rhythm, and playing near and with others (A.2.e.)

- Police Siren Freeze
- Put Out the Fire
- Bucket Brigade

### Learning Centers

- Construction
  - Uses imitation in pretend play to express creativity and imagination (D.4.b.)
- Pretend and Learn
  - Uses imitation in pretend play to express creativity and imagination (D.4.b.)
- Creativity Station
  - Develops skill and confidence with processes of art, such as drawing, collage, painting, and constructing (D.5.a.)
- Library and Listening
  - Understands that pictures can represent real things in the environment (C.3.e.)

# Lesson Planner

## Friends with Helpful Hands

Theme 3

Friends

Week 4

### Starting the Day

- Develops the inclination and ability to communicate, pay attention, and respond appropriately to others (B.3.f.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Shows ability to cope with stress (B.3.a.)

### Language Development

- Listens with interest to language of others (C.1.a.)
- Pays attention and exhibits curiosity in people and objects (D.1.a.)
- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)

- Community Friends
- What Will I Be?
- What's in the Box?

### Cognitive Development

- Shows confidence in increasing abilities (B.2.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops the confidence to explore and make sense of the world through simple problem solving and trial-and-error (D.2.e.)

- Photo Activity Cards (24-26)
- Tool Match
- Worker Puzzles
- Who Am I?
- Do You Know the Muffin Man?

### Social Emotional Development

- Develops the inclination and ability to communicate, pay attention, and respond appropriately to others (B.3.f.)
- Shows interest and awareness of others (B.4.a.)
- Establishes secure relationships with primary caregivers (B.1.a.)

- Just for You!
- Please and Thank You
- Mail Carrier Dressed in Blue
- Which Hand?
- Pass the Letter

### Physical Development

- Begins to develop personal relationships with peers (B.4.d.)
- Develops increasing ability to change positions and move body from place to place (A.2.b.)
- Develops control of large muscles for movement, navigation, and balance (A.2.a.)

- Recycled Paper
- Helpful Friends
- When I Was Walking Down the Street
- A-Ticket, A-Ticket

### Outdoor Play

- Develops the attitude of an "explorer"—competent, confident learner who asks questions and makes discoveries (D.1.e.)

- Trash Pick Up
- Neighborhood Walk
- Obstacle Course

### Learning Centers

- Math
  - Shows interest in colors, shapes, patterns, and pictures (D.1.c.)
- Creativity Station
  - Develops an ability to be creative and expressive through a variety of activities, such as pretend play, art, and music (D.5.b.)
- Pretend and Learn
  - Develops and demonstrates the ability to remember and connect new and known experiences and information (D.3.d.)
- Construction
  - Uses objects in new ways or in pretend play (D.4.a.)