

# Lesson Planner

My Face



## Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to develop and demonstrate a positive sense of self, competence, and an identity that is rooted in their family and culture (B.2.e.)

## Language Development

- Shows interest in songs, rhymes, and stories (C.3.a.)
- Engages with books and stories (C.3.c.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)

- Precious Faces
- Humpty Dumpty's New Ears
- I Look in the Mirror
- Jeepers Peepers

## Cognitive Development

- Begins to demonstrate healthy and safe habits (A.1.h.)
- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)

- Photo Activity Cards (1-2)
- Musical Search
- Loudest Sound
- Face Puzzles
- Eyes Are Helpers
- Safety First

## Social Emotional Development

- Begins to develop and demonstrate a positive sense of self, competence, and an identity that is rooted in their family and culture (B.2.e.)
- Engages in positive relationships and interactions with adults (B.1.d.)

- Washington Square
- Close Your Eyes
- Special Kisses
- What Color Are Your Eyes?
- Silly Faces

## Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)

- Nose the Ball
- Mouth Moves
- Pat-a-Cake
- Simon Says
- Stop and Go

## Outdoor Play

- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)
- Demonstrates interest, curiosity, and eagerness in exploring the world around them (E.1.a.)

- What Do You Hear?
- Shade Your Eyes
- Bubbles

## Learning Centers

### Science

- Demonstrates interest, curiosity, and eagerness in exploring the world around them (E.1.a.)
- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (C.1.b.)

### Creativity Station

- Develops control of small muscles for manipulation and exploration (A.3.b.)

### Pretend and Learn

- Learns and uses words to describe what they are thinking and doing (E.4.a.)
- Begins to develop personal relationships with peers (B.4.d.)

### Library and Listening

- Engages in positive relationships and interactions with adults
- Engages with stories and books

# Lesson Planner

Theme 1  
All About Me  
Week 2

## My Senses

### Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Begins to develop personal relationships with peers (B.4.d.)

### Language Development

- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)
- Engages with stories and books (C.3.c.)

- |   |   |
|---|---|
| <input type="checkbox"/> Precious Faces         | <input type="checkbox"/> I Can, Can You?  |
| <input type="checkbox"/> A Friend Named Peepers | <input type="checkbox"/> Chinny-Chin-Chin |

### Cognitive Development

- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)
- Begins to demonstrate healthy and safe habits (A.1.h.)

- |   |  |
|---|--|
| <input type="checkbox"/> Photo Activity Cards (1,3)         | <input type="checkbox"/> This is the Way |
| <input type="checkbox"/> Scratch and Sniff Paint            | <input type="checkbox"/> Megaphones      |
| <input type="checkbox"/> This is the way We Brush Our Teeth | <input type="checkbox"/> Safety First    |

### Social Emotional Development

- Engages in positive relationships and interactions with adults (B.1.d.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)
- Uses senses to investigate environment (D.1.b.)

- |  |  |
|--|--|
| <input type="checkbox"/> Tongue Tricks | <input type="checkbox"/> My Head       |
| <input type="checkbox"/> Eye Winker    | <input type="checkbox"/> Whisper Words |
| <input type="checkbox"/> Feather Touch |  |

### Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Demonstrates persistence in learning and discovery (E.2.a.)

- |   |  |
|---|--|
| <input type="checkbox"/> Giant Stomp      | <input type="checkbox"/> Chin the Ball |
| <input type="checkbox"/> Here are My Eyes | <input type="checkbox"/> Tuck the Ball |

### Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

- |   |
|---|
| <input type="checkbox"/> Bubbles        |
| <input type="checkbox"/> Outside Voices |

### Learning Centers

- |   |   |
|---|---|
| <input type="checkbox"/> Science <ul style="list-style-type: none"><li>• Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)</li></ul> | <input type="checkbox"/> Gross and Fine Motor <ul style="list-style-type: none"><li>• Develops control of small muscles for manipulation and exploration (A.3.b.)</li></ul> |
| <input type="checkbox"/> Creativity Station <ul style="list-style-type: none"><li>• Develops skill and confidence with processes of art, such as drawing, collage, painting, and constructing (D.5.a.)</li></ul>                | <input type="checkbox"/> Pretend and Learn <ul style="list-style-type: none"><li>• Uses imitation in pretend play to express creativity and imagination (D.4.b.)</li></ul>  |

# Lesson Planner

Theme 1  
All About Me  
Week 3

## Arms, Hands, and Fingers

### Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Begins to develop personal relationships with peers (B.4.d.)

### Language Development

- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)
- Engages with stories and books (C.3.c.)

- Hands and Fingers
- I Can, Can You?
- Willy Wiggle and Wally Waggle

### Cognitive Development

- Experiments with different uses for objects (D.2.a.)
- Shows imagination, creativity, and uses a variety of strategies to solve problems (D.2.b.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

- Photo Activity Cards (4-6)
- Paper Tearing
- Hand Examination
- Pretend
- Finger Painting
- Hand Tracing

### Social Emotional Development

- Develops responsive and reciprocal communication skills, such as turn-taking (B.4.e.)
- Responds to and interacts with others (B.4.b.)

- Shake Hands
- Hand Washing
- Clap and Wiggle
- Hugs Are Nice

### Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops spatial understandings, including an awareness of how two- and three-dimensional objects can be fitted together (D.1.f.)

- Stretching
- Tummy Ticklers
- Puzzles
- Out of Reach?
- London Bridge
- Jingle Bands

### Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

- Hands Throw and Catch
- Climb Time

### Learning Centers

- Gross Motor
  - Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Creativity Station
  - Develops an ability to be creative and expressive through art (D.5.b.)

- Pretend and Learn
  - Uses imitation in pretend play to express creativity and imagination (D.4.b.)
- Fine Motor
  - Develops control of small muscles for manipulation and exploration (A.3.b.)

# Lesson Planner



## Legs, Feet, and Toes

### Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Begins to develop personal relationships with peers (B.4.d.)

### Language Development

- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)
- Engages with stories and books (C.3.c.)
- Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite (C.3.d.)

- Warm-Up Chant
- Goldilocks
- The Gingerbread Man

### Cognitive Development

- Shows imagination, creativity, and uses a variety of strategies to solve problems (D.2.b.)
- Applies knowledge to new situations (D.2.c.)
- Recognizes familiar people, places, and things (D.3.a.)

- Photo Activity Cards (6-8)
- Leg Comparisons
- Ouch!
- Finger Puppet Play
- Catching Bubbles
- Can You Do It?

### Social Emotional Development

- Engages in positive relationships and interactions with adults (B.1.d.)
- Shows confidence in increasing abilities (B.2.c.)
- Listens with interest to language of others (C.1.a.)

- Jumping Monkeys
- Walk Your Feet
- This Little Piggy
- Happy Moves

### Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)

- Clapping
- Tunnels
- Skating
- Tactile Path
- Follow the Leader
- Jingle Bands
- Jack Be Nimble

### Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

- Kick the Ball
- Step Size

### Learning Centers

- Gross Motor
  - Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Science
  - Develops the attitude of an “explorer”—competent, confident learner who asks questions and makes discoveries (D.1.e.)
- Pretend and Learn
  - Shows interest in colors, shapes, patterns, and pictures (D.1.c.)
- Fine Motor
  - Develops control of small muscles for manipulation and exploration (A.3.b.)