

Lesson Planner

Friends Who Keep Us Healthy

Theme 3

Friends

Week 2

Starting the Day

- Establishes secure relationships with primary caregivers (B.1.a.)
- Begins to develop personal relationships with peers (B.4.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)

Language Development

- Shows awareness of relationships to family/community/cultural group (B.2.d.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops increasing knowledge in syntax, meaning, and vocabulary (C.1.f.)

- Community Friends
- Stomach Ache
- Tillie the Triangle

Cognitive Development

- Shows confidence in increasing abilities (B.2.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)
- Develops the confidence to explore and make sense of the world through simple problem solving and trial-and-error (D.2.e.)

- Photo Activity Cards (18-21)
- Worker Puzzles
- Tool Match
- Healthy Habits
- 9-1-1

Social Emotional Development

- Recognizes and responds to the feelings and emotions of others and begins to show concern (B.4.c.)
- Develops an increasing capacity to pay attention, focus, concentrate, and be involved (B.2.f.)

- Heal the Hurt
- Miss Polly
- An Apple a Day
- Heartbeats
- This Little Nurse
- Get-Well Cards

Physical Development

- Develops increasing ability to change positions and move body from place to place (A.2.b.)
- Coordinates eye and hand movements (A.3.c.)
- Begins to demonstrate healthy and safe habits (A.1.h.)

- Jumping Monkeys
- Doctor, May I?
- Exercise
- Cotton Ball Toss

Outdoor Play

- Develops confidence with moving in space, moving to rhythm, and playing near and with others (A.2.e.)

- The Farmer in the Dell
- Heartbeat

Learning Centers

- Science
 - Begins to demonstrate healthy and safe habits (A.1.h.)
- Creativity Station
 - Experiments with different uses for objects (D.2.a.)

- Pretend and Learn
 - Uses imitation in pretend play to express creativity and imagination (D.4.b.)
- Library and Listening
 - Begins to learn and demonstrate how print works (C.3.i.)