

Lesson Planner



Legs, Feet, and Toes

Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Begins to develop personal relationships with peers (B.4.d.)

Language Development

- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)
- Engages with stories and books (C.3.c.)
- Develops an expectation that words, books, and pictures can amuse, delight, comfort, inform and excite (C.3.d.)

- Warm-Up Chant
- Goldilocks
- The Gingerbread Man

Cognitive Development

- Shows imagination, creativity, and uses a variety of strategies to solve problems (D.2.b.)
- Applies knowledge to new situations (D.2.c.)
- Recognizes familiar people, places, and things (D.3.a.)

- Photo Activity Cards (6-8)
- Leg Comparisons
- Ouch!
- Finger Puppet Play
- Catching Bubbles
- Can You Do It?

Social Emotional Development

- Engages in positive relationships and interactions with adults (B.1.d.)
- Shows confidence in increasing abilities (B.2.c.)
- Listens with interest to language of others (C.1.a.)

- Jumping Monkeys
- Walk Your Feet
- This Little Piggy
- Happy Moves

Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Uses senses to investigate environment to discover what objects and people do, how things work, and how they can make things happen (D.1.b.)

- Clapping
- Tunnels
- Skating
- Tactile Path
- Follow the Leader
- Jingle Bands
- Jack Be Nimble

Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

- Kick the Ball
- Step Size

Learning Centers

- Gross Motor
 - Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Science
 - Develops the attitude of an "explorer"—competent, confident learner who asks questions and makes discoveries (D.1.e.)
- Pretend and Learn
 - Shows interest in colors, shapes, patterns, and pictures (D.1.c.)
- Fine Motor
 - Develops control of small muscles for manipulation and exploration (A.3.b.)