

Lesson Planner

Theme 1
All About Me
Week 3

Arms, Hands, and Fingers

Starting the Day

- Engages in positive relationships and interactions with adults (B.1.d.)
- Begins to learn and internalize rules, routines, and directions (B.3.e.)
- Begins to develop personal relationships with peers (B.4.d.)

Language Development

- Demonstrates receptive language and expressive language skills and communication strategies (C.1.d.)
- Understands and begins to use oral language for conversation and communication (C.2.c.)
- Engages with stories and books (C.3.c.)

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| <input type="checkbox"/> Hands and Fingers | <input type="checkbox"/> I Can, Can You? |
| <input type="checkbox"/> Willy Wiggle and Wally Waggle | <input type="checkbox"/> |

Cognitive Development

- Experiments with different uses for objects (D.2.a.)
- Shows imagination, creativity, and uses a variety of strategies to solve problems (D.2.b.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

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|---|--|
| <input type="checkbox"/> Photo Activity Cards (4-6) | <input type="checkbox"/> Paper Tearing |
| <input type="checkbox"/> Hand Examination | <input type="checkbox"/> Pretend |
| <input type="checkbox"/> Finger Painting | <input type="checkbox"/> Hand Tracing |

Social Emotional Development

- Develops responsive and reciprocal communication skills, such as turn-taking (B.4.e.)
- Responds to and interacts with others (B.4.b.)

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| <input type="checkbox"/> Shake Hands | <input type="checkbox"/> Hand Washing |
| <input type="checkbox"/> Clap and Wiggle | <input type="checkbox"/> Hugs Are Nice |

Physical Development

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops spatial understandings, including an awareness of how two- and three-dimensional objects can be fitted together (D.1.f.)

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|--|---|
| <input type="checkbox"/> Stretching | <input type="checkbox"/> Tummy Ticklers |
| <input type="checkbox"/> Puzzles | <input type="checkbox"/> Out of Reach? |
| <input type="checkbox"/> London Bridge | <input type="checkbox"/> Jingle Bands |

Outdoor Play

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)
- Develops control of small muscles for manipulation and exploration (A.3.b.)

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| <input type="checkbox"/> Hands Throw and Catch |
| <input type="checkbox"/> Climb Time |

Learning Centers

Gross Motor

- Develops control of large muscles for movement, navigation, and balance (A.2.a.)

Creativity Station

- Develops an ability to be creative and expressive through art (D.5.b.)

Pretend and Learn

- Uses imitation in pretend play to express creativity and imagination (D.4.b.)

Fine Motor

- Develops control of small muscles for manipulation and exploration (A.3.b.)