



# Parents as Partners

## Did You Know?

Toddlers and twos have been exploring cause-and-effect relationships during the first year and a half of their life and are still in need of adult support to point out these relationships. They will take what they learn about cause-and-effect and apply it to problem solving.

## Try It Out

Reinforce cause-and-effect relationships by offering sound-making materials. Create a set of "sound shakers" for your toddler to explore. Recycle a set of plastic bottles by filling each with something different (cotton balls, pebbles, cereal, buttons). After filling the bottles, secure the lids tightly. Encourage your child to shake each bottle to explore the cause-and-effect relationship. Your child will begin to notice how one bottle (with buttons inside) makes a rattling noise and another bottle (with cotton inside) doesn't make any noise at all.

Provide simple construction materials, such as wooden blocks, for more cause-and-effect fun. Encourage your child to build a tower and then, of course, she will want to push it down. This cause-and-effect relationship provides a satisfying clatter and disarray of blocks!



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## Did You Know?

A toddler's foundation for development is the secure relationships he develops with his parent(s) and caregivers. This secure relationship is called attachment. Attachment is dependent on the sense of trust established by significant adults who interact with the child. This sense of trust profoundly affects all areas of a child's development.

## Try It Out

Spend quality time with your child. This week, your child has heard the story of "The Three Bears." Hold your child in your lap and tell your version of this story. Make it a point to talk with your child about his or her day at dinner time. Follow a routine for bedtime and make sure that this routine is uninterrupted time between you and your child.



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