



Parents as Partners

Did You Know?

Toddlers adjust more easily when you leave them with a caregiver if you implement a consistent routine that includes a quick “good-bye.”

Try It Out

When saying good-bye to your little one, follow this routine:

- Put his things in his cubby.
- Tell him you love him.
- Give him a hug.
- Tell him you will be back soon.
- Say “good-bye.”

He may cry but his being upset is not likely to last as long as it will if you try to sneak out the door or linger too long trying to calm him down.

Looking Ahead

Next week we will explore how our facial features are connected to our senses. Begin conversations with your child about how food tastes and aromas smell. Ask your child to listen for sounds around your house, including those that are sometimes unnoticed like the ticking of a clock. If possible, bring a toothbrush to school so that your child can practice the correct way to brush her teeth next week.



Parents as Partners

Did You Know?

The human brain wires rapidly during the first three years of life. Typical three-year-olds have already wired 80% of their brain. The brain wires by organizing information that is delivered by the senses. Therefore, a young child’s senses are far more sensitive than those of adults.

Try It Out

This week we are reviewing facial features and adding information about our senses. Share the poem “I Look in the Mirror” with your child. Talk with your child about his or her senses. Call attention to things he or she smells, hears, sees, tastes, and touches.

I Look in the Mirror

I look in the mirror and what do I see?
 I see a funny face looking at me.
 A scrunched up nose, twisted mouth, squinty eyes,
 And two fuzzy eyebrows—what a surprise!
 I look in the mirror and what do I do?
 I giggle and laugh at the sight of you.